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Evolution Cycling and The Bike Lane  
Presents the 8<sup>th</sup> Annual



RESTON TOWN CENTER

**GRAND PRIX**



BICYCLE RACES

**\$2,700+ in Cash & Prizes**

A USCF MABRA & Virginia Cycling Association BAR Event and LAJORS Event  
Part of the Proteus/MABRA Cat 3 & 4 Women's Series

Sunday, June 28, 2009

Reston Town Center, Reston, VA

Category	Start Time	Distance	Prize/Places	MABRA Bar	VAC Assoc Bar	LAJRS
Cat 5	7:45 AM	45 min.	Merchandise/5			
Women 4	8:45 AM	45 min.	Merchandise/5	Novice Women	Women Cat 4	15-16
35/50+ *	9:45 AM	60 min.	\$350/7, \$200/5	Masters 35+, 50+	Masters 40 & 50	
Cat 3/4	11:00 AM	60 min.	\$250/5	Senior 3	Cat 3	
Women 1/2/4	12:15 PM	60 min.	\$500/5	Senior Women & Women 3	Women Cat 123	Sr W 19-22 W3 17-18
Women 3			\$200/5			
Cat 4	1:30 PM	60 min.	\$175/5	Novice	Cat 4	
Cat 1/2/3	2:45 PM	75 min.	\$1000/10	Senior	Cat 1, 2	Men 19-22

\* Cat 5 Riders are prohibited from entering Masters (age graded) events

**COURSE DESCRIPTION:** 1.25K 8-turn course through the heart of Reston Town Center. Primarily downhill backside with 3 fast turns. The return to the finish straight is slightly uphill with 2 rapid fire turns with the final turn being only 200m to the finish. This is a fast, technical course with little room for recovery. Free lap applies. For all junior riders (including senior races) gear restrictions will be enforced.

**REGISTRATION:** Register online at [www.BikeReg.com](http://www.BikeReg.com) or send signed 2009 USCF standard entry form and check payable to: Evolution Cycling, c/o Chris Conway, 43118 Kingsport Dr, Lansdowne, VA 20176. BikeReg will charge a fee for online registration. Pre-registration closes at midnight June 25<sup>th</sup>. Registration opens at 7:00 AM and **closes 20 minutes** prior to each race. Entry fee \$30 pre-registered, \$35 if registered after 6/15/09. Junior entry fee is \$5. Second race costs \$15 during pre-registration, \$20 day of race. \$5 unattached rider fee applies except for Cat 5 and Women Cat 4. Entry fee includes \$2 USCF insurance and \$1.50 district association fees. Fields limited to 100 riders except for Cat 5 field limited to 50 riders. No substitutions after 6/25/09 for any reason.

**RACE INFORMATION:** Additional info at [www.evolutioncycling.org](http://www.evolutioncycling.org), or contact Chris Conway: [chrisconway@starpower.net](mailto:chrisconway@starpower.net), 703-723-1112. Races run rain or shine. Held under USA Cycling event permit pending.

**DIRECTIONS:** From all points: From the Capital Beltway (I-495) in Virginia, take the Dulles Toll Road exit off I-495/Capital Beltway. Proceed through toll booth to access local exits. Exit onto Reston Parkway. Merge right on Reston Parkway to New Dominion Parkway (3<sup>rd</sup> light). Left on New Dominion Parkway into Reston Town Center. Left on Fountain Drive. Follow signs to race parking.

