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Evolution Cycling and The Bike Lane
Presents the 7th Annual
Gold's Gym



RESTON TOWN CENTER

GRAND PRIX



BICYCLE RACES

\$2,500+ in Cash &
Prizes

A USCF MABRA & Virginia Cycling
Association BAR Event and LAJORS Event

Sunday, June 29, 2008

Reston Town Center, Reston, VA

Category	Start Time	Distance	Prize/Places	MABRA Bar	VA Cycling Assoc Bar
Jr 10-14	7:30 AM	20 min.	Merchandise/3	Jr 10-14	Jr 10-14
Jr 15-16, 17-18	8:00 AM	30 min.	Merchandise/3 each age category	Junior	Jr 15-16, 17-18
Cat 5	8:45 AM	45 min.	Merchandise/5		Cat 5
40/50+ *	9:45 AM	60 min.	\$175/5, \$125/3	Masters 40+, 50+	Masters 40 & 50
Cat 3/4	11:00 AM	60 min.	\$250/5	Senior 3	Cat 3
Women	12:15 PM	60 min.	\$700/7	Senior Women	Women Cat 123
Cat 4	1:30 PM	60 min.	\$175/5	Novice	Cat 4
Cat 1/2/3	2:45 PM	75 min.	\$1000/10	Senior	Cat 1, 2



* Cat 5 Riders are prohibited from entering Masters (age graded) events

COURSE DESCRIPTION: 1.25K 8-turn course through the heart of Reston Town Center. Primarily downhill backside with 3 fast turns. The return to the finish straight is slightly uphill with 2 rapid fire turns with the final turn being only 200m to the finish. This is a fast, technical course with little room for recovery. Free lap applies. For all junior riders (including senior races) gear restrictions will be enforced.

REGISTRATION: Register online at www.BikeReg.com or send signed 2008 USCF standard entry form and check payable to: Evolution Cycling, c/o Chris Conway, 43118 Kingsport Dr, Lansdowne, VA 20176. Pre-registration closes at midnight June 26th. Registration opens at 7:00 AM and **closes 20 minutes** prior to each race. Entry fee \$30 pre-registered, \$35 if registered after 6/16/08. Junior entry fee is \$5. Second race costs \$15 during pre-registration, \$20 day of race. \$5 unattached rider fee applies except for Cat 5 and Women Cat 4. Entry fee includes \$2 USCF insurance and \$1.50 district association fees. Fields limited to 100 riders except for Cat 5 field limited to 50 riders. No substitutions after 6/26/08 for any reason.

RACE INFORMATION: Additional info at www.evolutioncycling.org, or contact Chris Conway: chrisconway@starpower.net, 703-723-1112. Races run rain or shine. Held under USA Cycling event permit pending.

DIRECTIONS: From all points: From the Capital Beltway (I-495) in Virginia, take the Dulles Toll Road exit off I-495/Capital Beltway. Proceed through toll booth to access local exits. Exit onto Reston Parkway. Merge right on Reston Parkway to New Dominion Parkway (3rd light). Left on New Dominion Parkway into Reston Town Center. Left on Fountain Drive. Follow signs to race parking.



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Chiropractic and Wellness



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